

Simplify Your Life.

Chances are life is a little overwhelming.
Let us help



Baby Steps... (try out a few of our tricks)

Swaps Email Series

Save TIME, MONEY and SANITY with simple product swaps.

Reduce the amount of work it takes to run your home.
Swap out existing products for more sustainable ones.
Each swap saves you work, clutter, time & money.

[SEE SAMPLE SWAP](#) [LEARN MORE](#)

Send your ideas my way...

Big Leap... (I'm ready to roll up my sleeves)

Decluttering Guide



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You get an email 2x weekly for 6-12 weeks only
Get even more if you feel they are helpful to you

Join our monthly SIMPLE SWAP SHARING web jams with other mums and get even more ideas.
Better yet, come with great tips of your own to share.

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NAME

EMAIL

SIGN ME UP!

Big Leap... (I'm ready to roll up my sleeves)

Declutter your home...

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SEND ME THE GUIDE!

Decluttering Guide



[LEARN MORE](#)

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SIMPLE STEPS TO AN EASIER HOME LIFE

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Mouthwash

for

Tongue Scraper

Tongue scrapers/cleaners are plastic or metal gadgets with arcs that help scrap off all the white stuff(bacteria) that gathered on your tongue in the morning.

The bacteria is responsible for most bad breath. So, if you use mouthwash primarily to freshen your breath, use before brushing your teeth to get the bacteria off your tongue.

Clutter Savings: Plastic Bottle

The waste produced by mouthwashes are plastic bottles. Waste produced by a tongue scrubber/scrapper: Nada! Tongue scrapers last years. My plastic one lasted 4 years, my husband's metal one is still going like new after 5 yrs.

Time Savings: 7-10 mins / Month

This includes the time used looking form mouthwash at the store and the time used to throw them away and take out the trash, which should be at least 1 trash cycle a month. This comes up to about 10 mins a month.

Cost Savings: \$5-20 / Month

This eliminates a monthly cost for the family besides the initial investment in tongue scrapers (\$3-10 each). Make sure you get the ones that have an arc to go across the whole tongue, not those little bristle, toothbrush kind.

Other Benefits

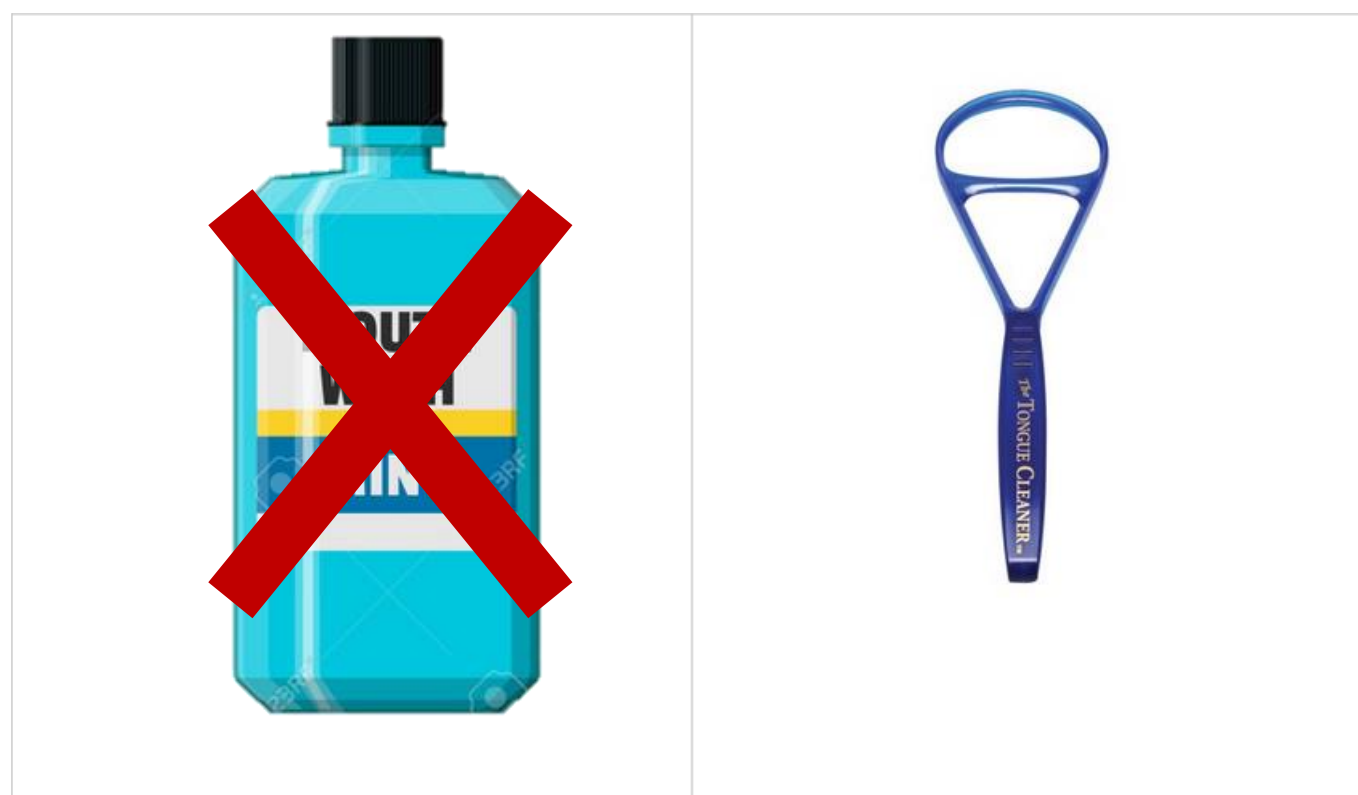
- They are easier to travel with
- Environmentally Conscious
- No harmful chemicals
- Easier to travel with and include in your daily routine

Buying Guide:

- [Tongue Scrappers / Scrubbers on Amazon](#)

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CLUTTER SAVINGS / Plastic Bottle

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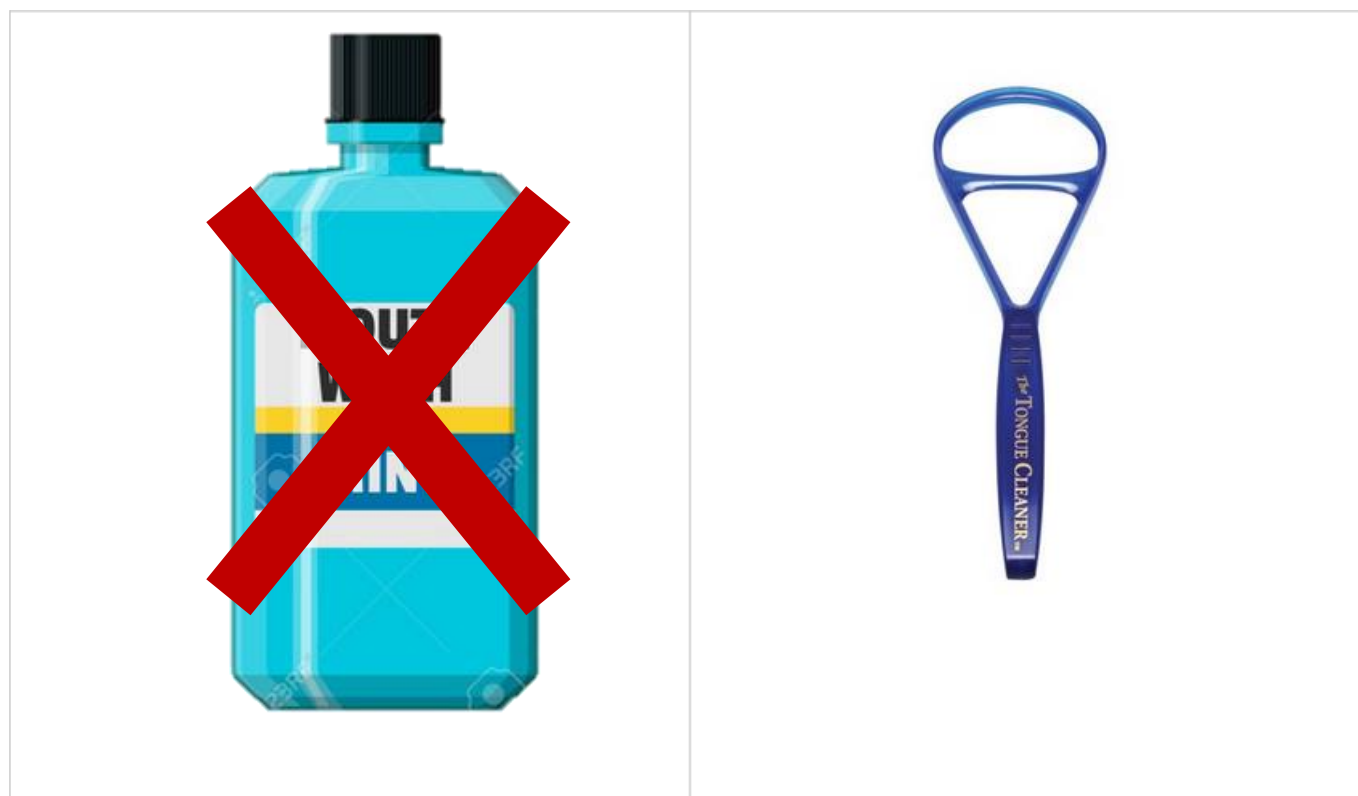
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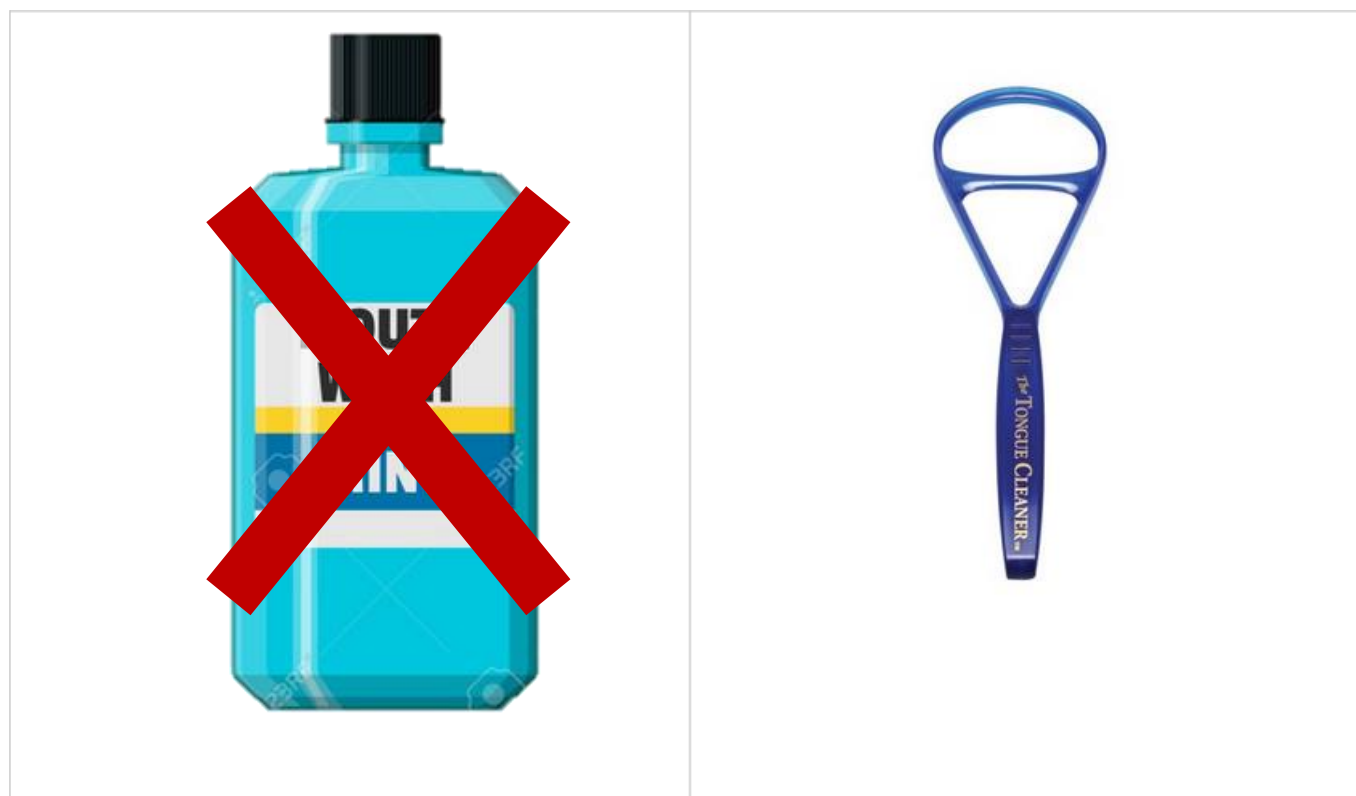
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Clutter Savings: Plastic Bottle

The waste produced by mouthwashes are plastic bottles. Waste produced by a tongue scrubber/scrapper: Nada! Tongue scrapers last for years

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Other Benefits

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Clutter Savings:

Plastic Bottle

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Time Savings:

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Cost Savings:

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Thank-you Page (sample)

[HOME](#) [WEBSITE DESIGN](#) [COURSE LAUNCH](#)



[MEET MARY](#) [\\$10KLAUNCH](#) [CLARITY CALL](#)

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Join our tiny tribe on Facebook!

Hey there! I've created a new group on Facebook and I hope to fill it with high-vibe entrepreneurs like YOU!

If you're hoping to do a launch soon and you're looking for biz besties to support you, please join us!

Together, we'll do 5-day challenges, live talks about biz strategies, manifestation, launching & many more.

[JOIN THE FACEBOOK GROUP](#)

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First 1 hour	intake	\$ 50 (first hour only)
1 hour		\$ 75
3 hour	1 session	\$ 200
5 hour	1-2 sessions	\$ 300

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BEFORE IMAGE



AFTER IMAGE

